



Ascites Syndrome: A Challenge for Blooming Poultry Industry

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Abstract

Ascites syndrome (AS) or Pulmonary Artery Hypertension, a metabolic disorder frequently perceived in broiler chickens, is primarily the upshot of high pressure in the pulmonary artery. It is marked by augmented pulmonary hypertension, right-ventricle hypertrophy, fluid accumulation in the pericardium and abdominal cavity, increased hematocrit that results from increased red blood cell production (erythropoiesis), and a slump in arterial blood O₂ saturation. In fact 1% of mortality from AS leads to considerable economic losses because it occurs toward the conclusion of the growing period and, thereby affecting heavy birds on which a considerable investment of labor and feed have assimilated. As the high metabolic rate is a key component contributing to the susceptibility of broilers to Ascites. Some of the feasible nutritional strategies such as early age feed or nutrient restriction (qualitative or quantitative) and light restriction lower the growth rate without compromising the final body weight. Optimization of the house temperature and ventilation in cold weather are beneficial management practices to decrease Ascites incidence. Breeding objectives should aim at locating and eradicating all the AS susceptible individuals in the selected population and selecting for high growth rate among the AS resistant ones.

Keywords: Ascites Syndrome, Pulmonary Hypertension, Mortality Nutritional, Management, Breeding

Introduction

Effecting both humans and broiler chickens on a large scale, Ascites syndrome (also known as Pulmonary Arterial Hypertension) remains a clinically challenging disease. It is distinguished phenotypically by increased pulmonary hypertension, right-ventricle hypertrophy, fluid amassment in the pericardium and abdominal cavity, increased hematocrit that results from increased red blood cell production (erythropoiesis), and a decline in arterial blood O₂ saturation (Havenstein *et al.*, 2003 and Druyan *et al.*, 2009). It can be imputed to disequilibrium between cardiac output and the anatomical capacity of the pulmonary vasculature to accommodate ever-increasing rates of blood flow, as well as to an inappropriately elevated tone (degree of constriction) maintained by the pulmonary arterioles. If the pulmonary vasculature is continually distended by fast blood flow to the level that it becomes non-expandable, the circulation hemodynamic blood pressure in pulmonary vessels will elevate inducing pulmonary artery



hypertension. To actuate excessive blood flow throughout the lungs, the right ventricle is administered to higher pressures, further ensuing in right ventricular hypertrophy and failure (Kalmar *et al.*, 2013). Although its occurrence in well-managed flocks is very low, it causes important economic losses to the poultry industry (Bin *et al.*, 2007) besides having a negative repercussion on animal welfare. According to Balog *et al.* (2003) and Pavlidis *et al.* (2007), mortality due to Ascites varies from 5% to 8% in various populations, increasing up to 30% in heavier broiler flocks.

Indicators of Ascites Syndrome

Many researches are aimed on identifying definitive diagnostic indicators for AS in broilers. Right ventricle and ventricle weight ratio, hematocrit, erythrocyte counts, saturation level in the blood, heart rate, weight gain are suggested as indicator traits to be use in selection index to reduce AS susceptibility.

Hematocrit is a marker for elevated rate of erythropoiesis in ascitic birds which increases blood viscosity and results in increased resistance to blood flow through the pulmonary blood vessels. Therefore it is always significantly higher in AS broilers than in their healthy counterparts reared under the same conditions (Luger *et al.*, 2001). Heart rate obtained by pulse oximetry or by encephalography, is recorded to be lower in broilers suffering from AS than in healthy ones (McGovern *et al.*, 1999). A slower heart rate (bradycardia) as well as reduction in the pulse rate has been found in birds developing AS and in acutely cold-exposed birds (Olkowski and Classen, 1998).

Birds with high levels of oxygen saturation level in the blood (SaO₂) are less vulnerable to AS and sudden death syndrome. Selection strategy aimed at removing individuals and families that are found below the average levels of SaO₂ has led to an elevation in the SaO₂ levels of the blood, thus reducing the susceptibility of AS. At the age of 6 weeks, broilers with AS were observed to have a significantly lower SaO₂ than their healthy counterparts (62.1 and 86.0%, respectively) (Julian and Mirsalimi, 1992). As compared to healthy ones and non-AS broilers, broilers with AS induced by a pulmonary artery clamp had a significantly subservient SaO₂ and higher right-ventricle and total-ventricle weight ratio (hypertrophy of the right ventricle RV: TV) (Wideman and Kirby, 1995). Therefore, low SaO₂ was suggested to be a reliable genetic early indicator for AS vulnerability (Druyan *et al.*, 1999).

Factors responsible for Ascitis

Genetic, management, environmental, nutritional and anatomical factors all seem responsible for Ascites Syndrome have been discussed as under:

Genetic factor:

Developing a breeding aim to enhance body weight and to diminish Ascites susceptibility in broilers is of ongoing interest, because the AS is still a major challenge for poultry breeders. It has been found that heavier broilers, especially male broiler lines, are more susceptible to have AS due to intensive selection on growth rate (Decuypere *et al.*, 2000 and Pakdel, 2004). Combining low FCR with fast growth rate yields higher incidences of AS in contrary to broilers with either slower growth or higher FCR. This low FCR in fast-growing birds is responsible for low values of heat production. Birds selected for fast growth and low FCR together have low partial pressure of O₂ and high partial pressure of CO₂ in venous blood at low ambient temperature compared with the slower growing birds (Decuypere *et al.*, 2005). Ascites related traits are significantly predisposed by maternal genetic effects (Pakdel *et al.*, 2002; Navarro *et al.*, 2006 and Closter *et al.*, 2009). Therefore, not paying attention to maternal genetic effects in the model of analysis tends to overestimate direct additive genetic variances and their corresponding heritability for Ascites related traits. Various studies have reported propensity to evolve AS to be under genetic control, with estimates of heritability ranging from 0.1 to 0.7 (Lubritz *et al.*, 1995; de Greef *et al.*, 2001; Moghadam *et al.*, 2001 and Druyan *et al.*, 2007). Genetic correlations among body weight and Ascites related traits in both normal and cold



conditions have been reported (de Greef *et al.*, 2001; Moghadam *et al.*, 2001; Pakdel *et al.*, 2005a). Moghadam *et al.* (2001) reported a positive genetic correlation between ascites and body weight under normal condition. de Greef *et al.* (2001) and Pakdel *et al.* (2002) have shown a negative inferred genetic correlation among ascites related traits and body weight under cold condition. However, a low but positive genetic correlation between traits related to ascites measured under cold conditions and body weight measured under normal conditions was reported by Pakdel *et al.* (2005b). Moghadam *et al.* (2001) observed that the heart defect (i.e. including pulmonary hypertension, right ventricular failure and fluid accumulation in the peritoneal cavity) as a trait related to ascites is heritable and had a positive genetic correlation with body weight.

Keeping in view the development and application of genomic tools, the AS genes seem likely to be detected and mapped in the near future. Breeders will be able to easily detect and cull individual birds, within the elite lines, that carry the alleles for AS vulnerability.

Mangement and Environmental Factors:

Altitude

When birds are subjected to low atmospheric O₂ levels increasing altitude, pulmonary blood vessels constrict and pulmonary vascular resistance increases (Wideman, 1997). This immediate increase in pulmonary arterial pressure results in right ventricular hypertrophy and eventually Ascites Syndrome (Luger *et al.*, 2003). In addition, hypoxemia leads to supplement in hematocrit, which, in turn, increases blood viscosity and finally results in increased resistance to blood flow through the pulmonary blood vessels (Fedde and Wideman, 1996 and Shlosberg *et al.*, 1996). In this situation, it is vital to ventilate suitably and provide as much oxygen to the flock as possible.

Low Temperature

Low temperatures tend to escalate Ascites by increasing both metabolic O₂ requirements and pulmonary hypertension (Stolz *et al.*, 1992) which is credited to a cold induced increase in cardiac output, rather than to hypoxemic pulmonary vasoconstriction (Wideman and Tackett, 2000). Maintaining optimum brooding temperatures is important for the prevention of Ascites.

Light

It is observed that restricting the number of hours of light will slow growth slightly and will reduce activity that requires supplementary oxygen, and may actually improve feed efficiency. Further researches on the effect of extensive dark periods or intermittent lighting indicated that, similar to feed restriction, photoperiod manipulations can decline the frequency of AS (Hassanzadeh *et al.*, 2003).

Air Quality and Ventilation

Poor ventilation can induce low environmental oxygen or high toxic fumes (carbon monoxide, carbon dioxide or ammonia), which may have damaging effects on the respiratory or cardiovascular systems of birds and endorse Ascites development (Wideman, 1998). Correct litter management in combination with suitable ventilation helps to retain air quality.

Nutritional Factors:

Major nutritional factors like high nutrient density rations and feed form are known to influence the occurrence of ascites in broilers (Bolukbasi *et al.*, 2004 and Ozkan *et al.*, 2006). Besides, feed restriction minimizes growth at a



decisive time in a broiler chick's lifecycle when it is the most liable to metabolic disease due to its elevated oxygen demands (Balog *et al.*, 2000 and Ozkan *et al.*, 2006, 2010).

Feed restriction

It is better to prevent Ascitis than going for treatment and feed restriction is an important step in this direction. However, it curtails the growth performance, reduction of the availability of nutrients and pigmentation precursors, which may have a direct consequence on weight gain, muscle mass and the profit-cost relationship. Thus feed restriction can become a successful instrument in plummeting the incidence of Ascitis only in concurrence with good management practices.

Nutrient density

Shrinking the nutrient density can reduce the growth rate, with the effects visible from 0 to 21 days of age, during the time when birds cannot accustom to intake lower feed nutrient content. The outcome of nutrient density on growth rate is relatively little unless the decrease in density is very large if diets is balanced to energy content. But even moderately lower nutrient density decreases mortality due to Ascites (Camacho-Fernandez *et al.*, 2002).

Feed form

In the first four weeks, feeding of mash feeds rather than pelleted feeds can minimize the incidence of Ascitis without fall in market parameters.

Omega-3 Fatty Acid Sources (Flax and Fish Oils)

They seem decrease erythrocyte deformation (Bond *et al.*, 1996). The increased content of unsaturated fatty acids results in amplified fluidity of the erythrocyte membrane thereby changing membrane functions to intensify the deformability of the erythrocytes and hence diminishing the incidence of Ascites.

Antioxidant

The inflated production of reactive oxygen in broilers susceptible to Ascites may result in the development of the disease or aggravate the disease as it occurs. The first line of defence against reactive oxygen in chickens is endogenous antioxidants such as tocopherols, glutathione, uric acid, and ascorbic acid. It has also been established that implants of vitamin E reduce mortality because of its antioxidant capacity (Bottje *et al.*, 1995).

L-carnitine

Various studies suggest that free radicals may be involved in the development of Ascites (Bottje and Wideman, 1995). Known to have free radical scavenging properties (Packer *et al.*, 1991), L-carnitine has beneficial effect on Ascites incidence. Besides, L-carnitine-supplemented chickens are more resistant to the occurrence of Ascites due to an enhanced cardiac output.

Anatomical and Physiological Factors:

Anatomy and physiology of the avian respiratory and cardiovascular systems are imperative in the receptiveness to Ascites (Decuyper *et al.*, 2000; Hassanzadeh *et al.*, 2005, 2008).



Blood

The viscosity of the blood is in correlation with the percentage of erythrocytes in the blood and the amount of hemoglobin (Hb) in red blood cells (Feddie and Wideman, 1996). The pH of blood may also control the binding of Hb to oxygen in the lung and discharge of oxygen to the tissue, whereas a fall in the pH of blood lowers the oxygen affinity of Hb. van As, *et al.*, 2010 and Hafshejani, *et al.*, 2012 suggested the use of blood gas parameters like CO₂ partial pressure in venous blood and pH blood which are significant in predicting AS susceptibility in broiler chickens at 11 to 12 days of age.

Lung

Pulmonary hypertension (PH) with increased pressure in the right ventricle (Julian, 2007) is the outcome of instant contraction of pulmonary arterioles when the oxygen is amply reduced. Hence any stressful circumstance can result in incapability of the cardio respiratory system to meet oxygen demand (Luger *et al.*, 2003).

Heart

The right atrio-ventricular valve is composed of a muscle loop made up mainly of muscle fibers from the right ventricle wall in the avian heart which makes birds prone to valve insufficiency (Julian, 1993). Responding to increased workload, the right ventricle becomes hypertrophic and the valve hypertrophies along with the ventricle leading to rapidly developing valve failure and Ascites. When the birds are kept under standard brooding condition the AS-susceptible selected line show increased heart rate only between day 1 and day 7 contrary to AS-resistant broiler line with a decline thereafter toward day 17 (Druyan *et al.*, 2009).

Conclusion

Multiple factors contribute to Ascities Syndrome caused by interactions among Genetic, management, environmental, nutritional and anatomical factors furthering economic losses. Management and nutritional practices such as feed restriction, nutrient density and diet form have been undertaken to indirectly trim down the need for oxygen in order to reimburse the physiological limitations. **Forced selection to achieve faster growing** chickens consists of some anatomical and physiological limitations, which can effects bird health badly. Genetic selection aimed at some Ascities related traits especially if estimated in normal and cold weather conditions can help to achieve high weight gain without increasing Ascities incidences. Also genomic information is valuable for effective incorporation of selection against AS susceptibility into breeding programs of commercial broiler stocks.

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